



Family-Centered Treatment with Hope, Dignity and Respect

Building A Future Of Peace For Families Since 1985

IMPACT REPORT | FY 2019

ABOUT OUR FOUNDER

Our Founder, Msgr. Robert Slattery, spent his career working for Catholic Charities of St. Louis. He worked for St. Vincent's Orphanage, Child Center of Our Lady of Grace, and Cardinal Ritter Institute before becoming the Executive Director of Catholic Charities in 1981. During his tenure, St. Patrick Center, St. Martha's Hall, and Queen of Peace Center were founded. Msgr. Robert Slattery is remembered as being a great advocate for the St. Louis community and dedicated to serving those in need.

WHAT MAKES US UNIQUE

QOPC OFFERS VITAL SERVICES THAT FEW TREATMENT CENTERS ACROSS THE NATION PROVIDE.

United States & Other Jurisdictions vs. Missouri 2018 National Survey Of Substance Abuse Treatment Services (N-SSATS)		
Critical Services Offered At QOPC	Percentage Of Treatment Providers Who Offer These Services In The United States & Other Jurisdictions	Percentage Of Treatment Providers In Missouri Who Offer These Services
Childcare For Clients' Children	5.8%	7.3%
Transportation Assistance To Treatment	43.9%	47.6%
Residential Beds For Clients' Children	2.6%	3.7%
Specifically Tailored Programs Or Groups for Pregnant Or Postpartum Women	23.3%	15.4%



LETTER FROM THE CEO



Each day, I continue to be amazed at the tremendous amount of strength, grace and resilience that I see at Queen of Peace Center. Women come to our doors filled with hope that they can live a life of recovery, full of dignity and

respect. They have belief that within our walls, they can begin to overcome the trauma of substance use disorders and break the cycle of substance use for their families.

For over 34 years, we have provided prevention, education, treatment and housing for women, children and families in our community. Our enduring commitment to our clients by providing high quality, sustainable programming continues to make Queen of Peace Center a leader in Family-Centered behavioral healthcare in our community. This year, we have focused on ensuring that our programming is missioncentric and financially sustainable. We have enhanced our Nurturing Networks program, which supports the children and families of the women that we serve, we have sought and obtained additional funding to increase access of services to women with opioid use disorders and continued to grow our partnerships to serve pregnant and post-partum women. Throughout this year, we have also focused on developing a strong and committed workforce to serve each individual who enters our doors. Focusing on these key areas allows us to effectively respond to the continued increasing treatment needs in our community.

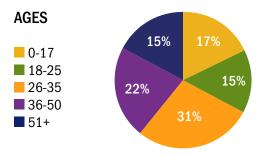
The dedication of our staff, our board, community partners and supporters cannot be underestimated. Without each of you, we could not carry out our mission and have the impact on the women and families in our community. Thank you for continuing to support Queen of Peace Center and the women and families we serve!

- Sharon Spruell Chief Executive Officer

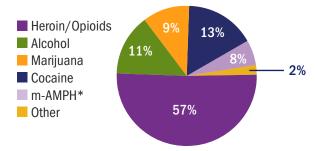
WHO QOPC SERVES

POPULATION

36% Of clients did not graduate high school 53% With co-occurring disorders 51% Uninsured clients 45% Medicaid clients 21% Homeless at admission



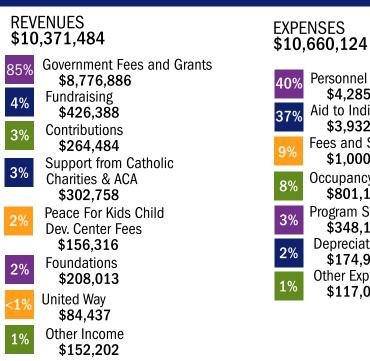
PRIMARY SUBSTANCE OF USE



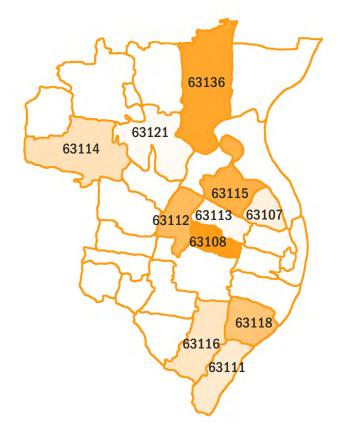
*Methamphetamine/Amphetamine

primary, secondary, or tertiary substance of use

OPERATING REVENUE & EXPENSES



TOP 10 ZIP CODES SERVED



1.) 63108, 2.) 63136, 3.) 63112, 4.) 63115, 5.) 63114, 6.) 63118, 7.) 63111, 8.) 63116, 9.) 63121, 10.) 63107 and 63113 (tied)

Personnel Costs \$4,285,949 Aid to Individuals \$3,932,830 Fees and Service \$1.000.045 Occupancy \$801.109 Program Supplies \$348,192 Depreciation \$174.972 Other Expenses \$117.027

GOVERNMENT FEES & GRANTS \$8,776,886

40%	DMH - Shelter Plus Care \$3.546.569
30%	DMH - CSTAR \$2,664,036
14%	SAMHSA \$1,244,853
5%	St. Louis City Homeless Services \$435,304
4%	Mental Health Board \$347,424
3%	St. Louis County \$249,048
3%	Missouri Alliance \$278,370
<1%	Other \$11,282

Queen of Peace Center developed our prevention and education programs to serve as our mechanism to stop substance use before it starts, to break the cycle of substance use disorders for families, and to provide additional resources to ensure a healthy lifestyle.

PREVENTION



ADOLESCENT RESOURCE CENTER

The Adolescent Resource Center (ARC) is an early intervention and prevention program for St. Louis County adolescents ages 12-19 with or at high risk for substance use and/or mental health disorders. This program teaches youth confident communication skills to resist peer pressure, how to find and build positive relationships, and tap into their own strengths and solutions. The Screening Brief Interventional and Referral to Treatment (SBIRT) model is used to determine appropriate services, including individual and group psycho-educational and therapeutic counseling sessions.

231 Adolescents served

67% Of adolescents demonstrated positive behaviors and improved symptoms

EDUCATION



PARENTING EDUCATION PROGRAM

Queen of Peace Center's Parenting Education Program provides full scale parenting services designed to increase parenting competence and reduce psychosocial and behavioral risks that could interfere with effective parenting, while promoting healthy infant and child social and emotional adjustment. One of the crucial things our staff educates the mothers and their loved ones about is Safe Sleep, which focuses on ways to put your baby to sleep that will protect them from potential harm.

388 Women received parent education classes 84% Of moms demonstrated improvement in parenting skills

NURTURING NETWORKS

Nurturing Networks is an early intervention and prevention program for children ages 0-6 impacted by maternal substance use. Services include children's therapy, children's case management, and child care in a therapeutic classroom setting.

Nurturing Networks has added therapy rooms in the Child Care Center in order for the Child Therapist to engage with the child immediately when needed. Sunshine Circles, Al's Pal's, and the Teddy Bear Project are evidenced-based programs used in the Child Care Center to address social-emotional issues. Children receiving services from Nurturing Networks demonstrate resiliency, relationship building, and learn new ways to express emotions and behaviors.

81 Children received child care services

71% Experienced an increase in social, emotional, & behavioral skills

TREATMENT

Family-Centered Behavioral Healthcare provides a full continuum of individualized early intervention, treatment and long-term recovery support services to empower women, children, adolescents and families impacted by substance use disorders, co-occurring disorders, and trauma. Services are provided in a residential and outpatient setting.

FAMILY-CENTERED BEHAVIORAL HEALTHCARE



Through the MAT grant, enrolled clients have access to a clinical team that includes a Clinical Director, Peer Support Specialist, Community Support Specialist, Counselor, Medical Care Coordinator, and Benefit Application Specialist. This dynamic team aims to eliminate as many barriers as possible and promote a successful recovery journey. Each position is instrumental in creating a well-rounded support system.

EPICC - Engaging Patients in Care Coordination

Queen of Peace Center has been a key partner as part of Behavioral Health Network in the development of the EPICC (Engaging Patients in Care Coordination) innovative model in our region through Eastern Region Access to Care funds through DMH. Due to the success of EPICC, this model has now been adopted by the State of Missouri.

Since its inception in December 2016, EPICC coaches have completed 4,775 outreaches with an 89% success rate of those outreaches resulting in eligibility and agreement to participate in the EPICC project.

"Being able to be a part of something as huge and groundbreaking as EPICC is an honor. We are able to go into hospitals and see people when they are at one of the lowest points in their lives. We are able to offer them hope and be an example to show that recovery is possible. We get to be there to help pick them up and then celebrate as they make life saving and altering changes. Not everyone gets to see the results of what they do, we are blessed that we do. I am proud to be making a difference in the opioid crisis in Missouri." -Nicole Hercules, EPICC Coach

MAT - Medication Assisted Treatment

In 2018, Queen of Peace Center was awarded a three year grant with the goal of reducing health disparities and increasing immediate safety and longer-term recovery options for women who are uninsured, recently incarcerated, or would otherwise not have access to life-saving Medication Assisted Treatment (MAT) services. Through this grant, we are working with several community partners to identify women that meet the program criteria. Those community partners include Places for People, Let's Start, 22nd Judicial Treatment Court, and Criminal Justice Ministries. Since 2018, 46 women have been enrolled in the program.

SOR - State Opioid Response

The primary goal of the SOR grant is to SAVE LIVES. Women presenting to Queen of Peace Center that are uninsured and homeless have access to immediate Medication Assisted Treatment (MAT). Additionally, women that are homeless have access to recovery housing for up to 90 days while working towards recovery, including employment and possible reunification.

1147 Women received services

- **136** Women received trauma services
- **71%** Maintained or improved their level of functioning

Emily, Nick, and Nicole are QOPC's three EPICC coaches!



HOUSING

Queen of Peace Center believes that housing coupled with treatment helps break the cycle of substance use disorders and homelessness. Supportive and Permanent Housing is provided at five locations and at scattered community sites.

ST. PHILIPPINE HOME

St. Philippine Home is a long-term residential program for pregnant and postpartum women and their children. It is one of the only maternity homes connected to substance use disorder treatment in Missouri! The goal of this program is to provide a safe and therapeutic environment to ensure the delivery of substance-free babies and long-term recovery support. This facility is able to serve 10-12 women and 10 children at a time. QOPC partners with Alliance for Life, SSM St. Mary's WISH Center, and Generate Health to support the women and children in the care of St. Philippine Home. Since 2010, 97% of babies have been born substance-free, but within the last three years, 100% of babies have been born substance-free!

22 Women served 20 Children served 100% Of mothers gave birth to a substance-free baby 100% Of women had access to prenatal, postpartum, and primary healthcare



"Housing is a big deal. It's hard to think about getting better when you don't feel like your family is safe. We help them become more relaxed by providing a space and environment to receive the gift of recovery." -Angela Ross, House Manager Of St. Philippine Home



"I always look at the big picture and things to make the house more comfortable, more like a home. They trust us to look out for them. When we can get them to trust us and know that we really truly care about them, that's rewarding." - Gwen Donley, Program Manager Of OLPH

OUR LADY OF PERPETUAL HELP

Our Lady of Perpetual Help (OLPH) provides congregate style permanent supportive housing for women experiencing chronic homelessness and substance use disorders. This facility has a 12 single room occupancy and is supported by staff 24/7 with onsite recovery support services including employment support, budgeting, and life skills. This combination helps OLPH provide a foundation for individuals to use to improve their quality of life.

With the help from Bob's Discount Furniture, we were able to purchase 10 new mattresses and box springs for OLPH in FY 2019. Bob's Discount Furniture worked with us to find quality items that worked within our means. Those we serve were so excited and grateful to hear the news! This upgrade has enhanced the women's ability to relax, be comfortable, and get a great night's sleep.

28 Women served **100%** Women improved their living situation

SHELTER PLUS CARE

Individuals and families experiencing homelessness are provided permanent supportive housing, which includes rent and utility assistance through Shelter Plus Care. This program allows individuals to develop independence and stability in the community. QOPC provided permanent housing through Visitation Apartments, The Annex, Miami Apartments and scattered sites.

> 1064 Women, men, and children housed **\$3,241,619** Provided in housing and utility assistance

Queen of Peace Center (QOPC) is forever grateful to our community for believing in the power of our mission and impacting those we serve in thoughtful ways. Without the backing of our partners and supporters, the work that we do would not be possible. Thank you for being a part of our QOPC Family and helping us build a future of peace for women, children, and families! Below are a few partners that we would like to spotlight this fiscal year.

Right before Christmas, Villa Duchesne and Oak Hill School students generously provided baskets of food for the women and children of St. Philippine Home. Not only were canned goods and other non-perishable items provided, but turkeys, vegetables, and ingredients for holiday sweet treats were also donated! Their generosity provided the opportunity for our women to have a holiday meal with their children filled with joy and dignity!

On December 20, 2018, representatives from "Girlfriends", the women's ministry group of Church In Action, stopped by and gifted new purses filled with goodies to our clients. The women were overwhelmed by this great holiday surprise! We are so lucky to have supporters that love to brighten our clients' day!



Peace By Piece Major Sponsor: Moloney Securities \$12,002.29

On March 28, 2019, we had our first annual art fundraiser at Brennan's Work & Leisure! This unique and fun opportunity to support QOPC featured raffles to win artwork by professional artists as well as a silent auction for mixed media art pieces by local artists! Pictured are the winners of our four professional art raffles!



COMMUNITY ENGAGEMENT

Women of Central Baptist Church of St. Louis have been faithful volunteers and supporters over the past fiscal year! Their ministry has provided toiletries and diapers as well as served lunch to the women and children at QOPC. We are grateful for their time and effort spent on providing hope, dignity, and respect to our clients!

FY 2019 EVENTS





31st Annual Invitational Golf Tournament Major Sponsors: BUNZL and Emerson \$316,217.92

For Peace Sake Gala Major Sponsor: Independent Tire Dealer \$98,167.75

All OOPC fundraisers benefit the women, children, and families served. To find out information about our upcoming events, please visit our website at qopcstl.org/events.





Check out our wish list on Amazon, Target, and Walmart to help us meet the needs of our women, children, and families!

FY 2019 LEADERSHIP

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